

Westlake Plastic Surgery™

D R . R O B E R T C A R I D I

Ear Surgery (Otoplasty)

Pre-Operative Instructions

- ❖ You will need to purchase a soft, stretchy 1-2 inch headband/sweatband to wear after your procedure.
- ❖ Do not wear any makeup, facial creams, lotions or earrings on the day of surgery.

Post-Operative Instructions

- ❖ After the procedure, you will be wearing the headband/sweatband over your ears to keep them back. You will wear this for the first 3 days, 24/7, and then for the following 2 weeks as much as possible.
- ❖ Bruising and swelling in the operative areas is normal and to be expected. Both will begin to subside within 2 – 3 days. All swelling may take up to 3 months to subside.
- ❖ Sleep on your back with your head elevated for the first week.
- ❖ There may be some numbness in your ears following surgery. The feeling will start to come back gradually over the next 2 – 3 weeks.